Unclassified

First Army 102 for Spouses

Army Family Strong Video

First Army
First In Deed

Mission

First Army advises, assists and trains Reserve Component (RC) units during pre-mobilization periods. Conducts mobilization, training support, readiness validation, and deployment of alerted forces; Executes demobilization of RC forces in accordance with Department of the Army and FORSCOM directives and provides trained and ready forces in support of the Army Force Generation (ARFORGEN) model. As directed, provides training to Joint, Combined, Interagency and Active Army Forces.

MOBILIZE TRAIN DEPLOY

First Army Footprint

USAR Training Support BN (TSBn) / Logistics Support Bn (LS

Organized and Postured for Efficient

and Effective Training Support

- **2 Divisions**
- **11 Training Support BDEs (TSB)**
- **5 OPS BDEs**
- **85 Training Support BNs (TSBn)**
  - **42 AC**
  - **43 USAR**
- **18 Logistic Support BNs (LSBn):**
  - **All USAR**

Mobilization

- **Reserve component units are notified 12 months prior to mobilization**
- **Soldiers report to armories or Army Reserve centers**
- **Soldiers depart for Mobilization Training Centers (MTCs)**
- **Soldiers arrive at MTCs and begin in-processing**

Training

- All units are manned, equipped, and fully trained by FIRST ARMY to meet the unit's particular mission.
- Training length depends on the unit mission.
- During the training period, Soldiers ***are not allowed*** to leave the MTC unless a pass is authorized. Alcohol is not authorized during the training period, in accordance with First Army's Mobilization Standards Policy #21, dated 9 September 2011.

DEPLOY / REDEPLOY

9 Months
“Boots on the Ground”

Kuwait

Afghanistan

Horn of Africa
Djibouti

Army Reserve

VIDEO

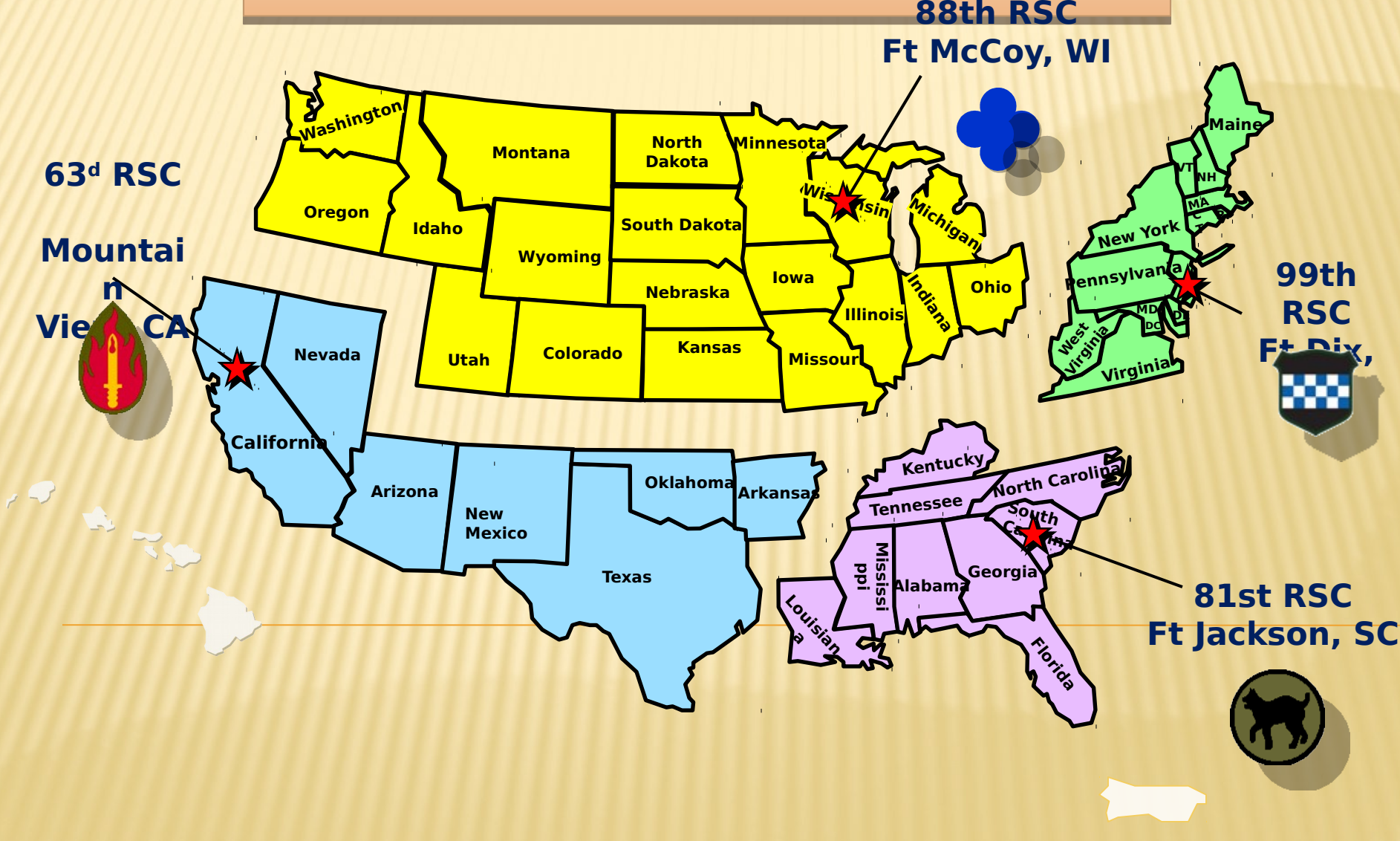
Army Reserves Celebrate 100 Years

Army Reserve Mission

The Army Reserve's mission, under Title 10 of the U.S. Code, is to *provide trained, equipped, and ready Soldiers and cohesive units to meet the global requirements across the full spectrum of operations*.

The Army Reserve is a key element in the Army multi-component unit force, training with Active and National Guard units to ensure all three components work as a fully integrated team.

Regional Support Commands



Army Reserve Regional Contacts

63d Regional Support Command – South West
153 Dailey Road
Moffett Field, California 94035-1000
Phone: (650) 526-9623

81st Regional Support Command (Southwest (VA to FL and PR)
1525 Marion Avenue
Fort Jackson, South Carolina 29045
Phone: (803) 751-9914

88th Regional Support Command – Mid West (across OH, MI and Oregon)
60 South O. Street
Fort McCoy, Wisconsin 54656
Phone: 1-877-560-3086 OR (608) 388-0447

99th Regional Support Command – Northeast (Maine to VA, DC)
5231 S. Scott Plaza
Joint Base McGuire-Dix-Lakehurst, New Jersey 08640-5062
Phone: (609) 562-7507

Army National Guard

VIDEO

Army National Guard 375 Years of Value and Vigilance

Army National Guard Mission

The Army National Guard is a community-based, dual missioned, operational force.

US Code Title 32 = State Mission
US Code Title 10 = Federal Mission

The Army National Guard provides the Army with ready units in predictable cycle that responds in support of Combatant Commanders on a global level and domestic missions on behalf of the governors.

Army National Guard in 50 States & 4 Territories

Army National Guard Family Programs

Family Programs Branch

Chief

ARNG-HRS

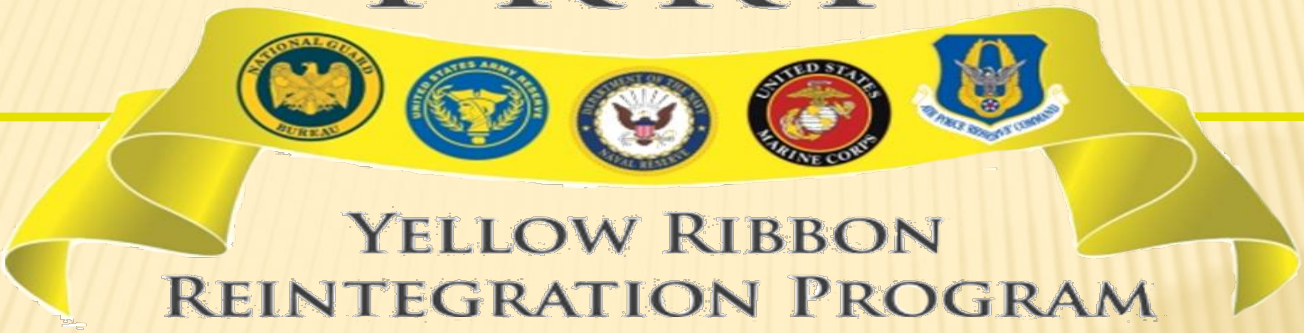
Office: (703) 607-3027

BB: (703) 302-0489

24/7: 1-888-777-7731

http://www.jointservicessupport.org/

YRRP



The Secretary of Defense initiated the Yellow Ribbon Reintegration Program which provides information, services, referral, and proactive outreach programs to Soldiers of the Army Reserve, National Guard, and their Families through all phases of the deployment cycle.

The goal of the Yellow Ribbon Reintegration Program is to prepare Soldiers and Families for mobilization, sustain Families during mobilization, and reintegrate Soldiers with their Families, communities, and employers upon redeployment or release from active duty.

Yellow Ribbon Reintegration Program Contacts

- **US Army Reserve Command (USARC):**
  - **Headquarters, USARC, Fort Bragg, North Carolina**
    Phone: (910) 570-9035
  - **85th Division (Training Support), Arlington Heights, Illinois**
    Phone: (847) 506-2105 / 7607
  - **87th Division (Training Support), Birmingham, Alabama**
    Phone: (205) 987-8443 x4463, (501) 771-7943

- **National Guard Bureau (NGB):**
  - **Headquarters, NGB, Arlington, Virginia**
    Phone: (703) 607-9740

EMPLOYER PARTNERSHIP OF THE ARMED FORCES

Powered by United States Army Reserve & Army National Guard

A no charge, career-services program that collaborates with the civilian sector to…

- **Match skill sets between Service members and civilian sector jobs**
- **Facilitate career opportunities and employment for Reserve Component Service members, their Family and Veterans**
- **Capitalize on shared training and credentialing between the military and the civilian sector**
- **Identify and implement future workforce innovations**
- **Reduce unemployment rates of our veterans**

CONTACTS

Toll Free: 1.877.450.HIRE (4473)

Website: **E-mail For Service**

RESOURCES

Google
Military OneSource
Dept of Veterans Affairs
Operation Enduring Families
Exchange Online Catalog
Commissaries.com
TRICARE
American Red Cross
Defense.gov
DFAS
Reserve Affairs DoD Schools
ESGR
IRS e-file
Homeland Security
Military HOMEFRONT
Military Health System
Military INSTALLATIONS

FAMILY READINESS

- Family separations are a part of Army life, but can be made easier with good planning, preparation, and a strong communication link with the unit.

- An integral part of Family Readiness is the assurance that Family members are aware of Army benefits and entitlements. Family Readiness Groups (FRG) can assist in determining eligibility, accessing services, and providing other pertinent information.

  - ✓ The FRG keeps people connected and informed, provides referrals to resources and tools to be self-sufficient, and helps in time of need.

  - ✓ The FRG provides a network of communication among Family members, the Chain of Command, the Chain of Concern, and community resources.

- Additional Family Readiness information is included in the First Army 101 for Spouses presentation on the Headquarters First Army Family Programs website

Trained & Ready Soldiers

Returning Combat Veterans

Headquarters First Army
Points of Contact

Deputy G-1
309-782-9388

Family Programs
309-782-9489/9488

DSN 793